



SHARJAH INDIAN SCHOOL

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OUR VISION

Educate Enlighten Empower

Circular No. SIS/097/2023-2024

17th January 2024

Dear Parent
Sir/Madam

Greetings from Sharjah Indian School.....

We strive constantly to safeguard the well-being of our students, as well-being is one of the endeavour to safeguard the same.

We request your sincere cooperation by following these guidelines:

- Please make sure your child takes breakfast and a glass of milk before starting to school.
- Kindly avoid late dinners and sleeping late.
- Pack healthy tiffin / lunch boxes to school.
- Make provision for at least half an hours' physical activity / daily exercise.
- The child can stay at home, if she / he is sick and has symptoms of cold, cough, fever, body pain etc.

Let's be together to instill healthy habits and life style in our students.

With regards,

PRAMOD MAHAJAN
PRINCIPAL

