Dear Parent
Sir/Madam

Greetings from Sharjah Indian School.

Our school will be organizing the annual sports meet in December 2019 and prior to the sports meet we will be having the selection for various events as per the criteria given below.

Along with academics sports and games are also equally important for the physical development of the child, so please encourage your ward to participate in the same.

Annual Sports Meet 2019-2020 (Girls Wing – Grade IV to XII)

Instructions to participants
1. A competitor can take part maximum in 2 events excluding Relay Race.
2. Competitors shall report in sports uniform.
3. No competitor can enter in 2 divisions (2 age groups).
4. All entry forms should be countersigned by the parents and the respective class teachers.
5. Forms duly filled in should reach the respective Class Teachers on or before Monday, 21/10/2019.
   P.E. teachers will collect the form from class teachers on 24/10/2019.

Age Group
Under 11 years (Born on or after 01/01/2009)
Under 14 years (Born on or after 01/01/2006)
Under 17 years (Born on or after 01/01/2003)
Under 19 years (Born on or after 01/01/2001)

EVENTS
Juniors (Under 11)
01. 50 m Dash
02. Softball throw
03. Standing Broad Jump

Seniors (Under 17)
01. 100 m Dash
02. 200 m Race
03. Long Jump
04. Shot Put (3 kg)
05. 4×100 m Relay

Inters (Under 14)
01. 100 m Dash
02. 200 m Dash
03. Long Jump
04. 4×100 m Relay

Super-Seniors (Under 19)
01. 100 m Dash
02. 200 m Race
03. Long Jump
04. Shot Put (4 kg)
05. 4×100 m Relay

Note:
The Preliminary Selections for track events and finals of a few events (track & field) will be held before the annual sports day. The schedule will be communicated to the children accordingly.

PRAMOD MAHAJAN
PRINCIPAL
Annual Sports Meet 2019-2020 (Girls Wing)

Entry Form
(To be submitted to the respective Class Teacher on or before Monday, 21/10/2019)

Name of the Student (as per school record):

G.R. No. ____________

Class & Section: ______________

Date of Birth: ____________

Age Group: Junior / Inter / Senior / Super Senior

House (Class IV to XII): ______________

Events:
1. ______________
2. ______________
3. ______________

Signature of the Parent

Verified the entries and found it to be correct.

Signature of the Class Teacher

FOR OFFICE USE ONLY

Accepted / Rejected

Reason:

Date: ______________

Signature of Physical Education Teacher