

SHARJAH INDIAN SCHOOL

GIRLS WING

Tel: 06.5670560 / 5671866

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P.O. Box – 2324, Sharjah E-mail: mail@sissharjah.com Website: www.sissharjah.com

OUR VISION

Educate Enlighten Empower

Circular No. SIS/040/2019-2020

17th October 2019

Dear Parent Sir/Madam [For the Girls from Grade IV to XII Only]

Greetings from Sharjah Indian School.

Our school will be organizing the annual sports meet in December 2019 and prior to the sports meet we will be having the selection for various events as per the criteria given below.

Along with academics sports and games are also equally important for the physical development of the child, so please encourage your ward to participate in the same.

Annual Sports Meet 2019-2020 (Girls Wing - Grade IV to XII)

Instructions to participants

- 1. A competitor can take part maximum in 2 events excluding Relay Race.
- 2. Competitors shall report in sports uniform.
- 3. No competitor can enter in 2 divisions (2 age groups).
- 4. All entry forms should be countersigned by the parents and the respective class teachers.
- Forms duly filled in should reach the respective Class Teachers on or before Monday, 21/10/2019.
 P.E. teachers will collect the form from class teachers on 24/10/2019.

Age Group

Under 11 years (Born on or after 01/01/2009) Under 14 years (Born on or after 01/01/2006) Under 17 years (Born on or after 01/01/2003) Under 19 years (Born on or after 01/01/2001)

EVENTS

Juniors (Under 11)

- 01. 50 m Dash
- 02. Softball throw
- 03. Standing Broad Jump

Seniors (Under 17)

- 01. 100 m Dash
- 02. 200 m Race
- 03. Long Jump
- 04. Shot Put (3 kg)
- 05. 4×100 m Relay

Note:

Inters (Under 14)

01. 100 m Dash 02. 200 m Dash 03. Long Jump 04. 4×100 m Relay **Super-Seniors (Under 19)** 01. 100 m Dash 02. 200 m Race 03. Long Jump 04. Shot Put (4 kg) 05. 4×100 m Relay

The Preliminary Selections for track events and finals of a few events (track & field) will be held before the annual sports day. The schedule will be communicated to the children accordingly.

PRAMOD MAHAJAN Tel.: 5670560 PRINCIPAL

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Annual Sports Meet 2019-2020 (Girls Wing)

<u>Entry Form</u>

(To be submitted to the respective Class Teacher on or before Monday, 21/10/2019)

Verified the entries and found it to be correct.

Signature of the Class Teacher

FOR OFFICE USE ONLY

Accepted / Rejected			
Reason:	 		

Date: _____

Signature of Physical Education Teacher